



Ground Rules / Code of Conduct

Welcome to The Thyroid Trust. Also known as Thyroid Friends.

We ask everyone to abide by the following, these are our 'ground rules' and comprise our code of conduct:

- Allow everyone to have their say
- Be supportive of each other and gentle with each other
- You are welcome to share your personal experiences and any insights you may have come across.
- Don't give medical advice
- No pushing un-orthodox treatments
- Remember that what works for you, may not work for others – so don't push solutions onto others

Our aim is to provide quality peer support and reliable information for anyone affected by a thyroid condition – including friends and family.

Questions and suggestions are always welcome though we may not always have the answers or be able to pursue all ideas.