



Patients Voices Monitoring and Tracking our Health

Saturday 19 May 2018
11am - 2pm

Do you track and monitor your thyroid condition, or that of a loved one? Do you keep a note of your blood test results, medication, fluctuating symptoms and things like diet or exercise levels, or anything else, or do you leave all that to your doctor? What would you like to be able to track over time if it was easier? How useful do you find whatever system you use if you have one?

If you are affected by thyroid disease - you are warmly invited to join this conversation with your peers and guest, Mike Linskey*, who is developing a new app for thyroid patients to monitor and track their conditions - and would like to hear your views.

Patients, friends, family and interested professionals are all welcome.

**At Crown Court Church,
Russell Street, Covent Garden,
WC2B 5EZ**

FREE

Book your place in advance on our website or Eventbrite.

Refreshments (tea, coffee, herbal tea, water and biscuits) are provided.

Thyroidtrust.org

Our meetings aim to provide quality peer support and reliable information.

*We do not endorse Mike's app which still is in an early stage of development but we are keen to help shape it so that it ends up being as useful as possible for thyroid patients

The Thyroid Trust is a voluntary association, also known as Thyroid Friends Network, working towards applying for charity registration in 2018. **Registered office: 15 Great College Street, London, SW1P 3RX**